

## SEED PLANTING GUIDE

Month	Sow Indoors	Sow or Plant Outdoors
February	Asparagus seeds, Broccoli, Cabbage, Cauliflower, Celery, Chives, Eggplant, Leeks, Lettuce, Onion seeds, Parsley, Peppers, Tomatoes	Arugula, Asparagus roots, Fava Beans, Garlic, Horseradish roots, Onion sets, Peas, Radishes, Rhubarb roots, Shallots
March	Cabbage, Cauliflower, Celery, Chives, Herbs, Leeks, Lettuce, Onion seeds, Parsley, Peppers, Tomatoes	Arugula, Asparagus roots, Cilantro, Fennel, Horseradish, Onion sets, Peas, Potatoes, Radishes, Rhubarb, Spinach, Sweet Cicely, Swiss Chard, Turnips
April	Basil, Cucumbers, Melons, Pumpkins, Squash (Summer and Winter), Tomatillo	Arugula, Asian Greens, Beets, Cabbage, Carrots, Chives, Garlic, Herbs, Leeks, Lettuce, Mustard, Onions, Parsnips, Peas (Enation Resistant), Potatoes, Radishes, Spinach, Swiss Chard
May	Plant Outdoors	Asian Greens, Beans, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Corn, Cucumbers, Green Onions, Leeks, Lettuce, Parsnips, Potatoes, Purslane, Spinach, Squash, Swiss Chard, Tomatoes
June	Plant Outdoors	Asian Greens, Beans, Beets, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Chives, Cucumbers, Green Onions, Lettuce, Mixed Greens, Pumpkins, Purslane, Radishes, Rutabaga, Squash, Turnips
July	Plant Outdoors	Asian Greens, Beets, Broccoli (for fall or winter harvest), Carrots, Collards, Kale, Kohlrabi, Lettuce, Mixed Greens, Onions, Peas (Enation Resistant), Purslane, Radishes, Rutabaga, Turnips
August	Plant Outdoors	Arugula, Broccoli Raab, Cabbage, Chinese Cabbage, Corn Salad, Lettuce, Mustard, Onions (over wintering), Radishes, Spinach, Swiss Chard, Turnips

*Comments: All planting recommendations were gathered from Northwest specific sources.*

Kind of Seed	Time to Plant Outdoors	Distance for Plants		Seed Needed per Row	Ready to Harvest
		Between Rows	In the Row		
Arugula	Mar-May, Sept	18-24"	6-8"	½ oz - 750 plt	30-40 days
Basil*	May-July	24-36"	12-18"		30-45 days
Beans, bush	May-June	2-3 feet	3-4"	6 oz- 50 ft	50-70 days
Beans, pole	May-June	3 feet	4-5"	6 oz- 45 hills	70-90 days
Beans, lima	May-June	2-4 feet	6-8"	6 oz- 30 hills	90-130 days
Beans, soy	May-June	2-3 feet	3-4"	6 oz-50 ft	85-95 days
Beets	Mar-July	14-20"	2-4"	½ oz - 50 ft	45-60 days
Broccoli	Mar-Aug	24-30"	18-24"	½ oz -750 plnts	70-120 days
Brussels Sprouts	Mar-June	30-36"	18-24"	½ oz -750 plnts	90-120 days
Cabbage, early	Mar-Apr	30-36"	18-24"	½ oz -750 plnts	90-120 days
Cabbage, winter	May-July	36-43"	24-30"	½ oz -750 plnts	110-130 days
Carrots	April-July	12-24"	2-3"	½ oz -100 ft	65-90 days
Cauliflower	Mar-Aug	30-48"	24-30"	½ oz -750 plnts	60-120 days
Celery	April-July	18-36"	6-10"	½ oz -4000 plts	120-150 days
Chives	April-May	12-16"	4-6"	½ oz - 100 ft	125-150 days
Cilantro	Mar-May, Sept	18-24"	8-12"		45-60 days
Corn	May-June	3 feet	6"	6 oz - 100 ft	80-120 days
Cress	Feb-May, Sept	12-18"	4-6"	½ oz -125 ft	45-60 days
Cucumber	May-July	3-4 ft	3-4 ft	½ oz - 25 hills	50-75 days
Eggplant*	May-June	24-30"	18-24"	½ oz - 750 plnts	80-100 days
Endive	May-June	18-24"	10-12"	½ oz - 150 ft	90-100 days
Garlic	Feb-Apr, Oct	12-18"	4-6"		150-180 days
Herbs, perennial	April-June	20-24"	10-12"	½ oz - 100-300	Next year
Kale	Mar-Apr, Aug	18-24"	12-18"	½ oz -1000 plts	55-60 days
Kohlrabi	Mar-May	16-24"	6-8"	½ oz - 150 ft	50-70 days
Leek	Mar-June	12-18"	4-6"	½ oz - 75 ft	120-150 days
Lettuce, head	Mar-Aug	12-16"	12-14"	½ oz - 100 ft	70-90 days
Lettuce, leaf	Mar-Sept	12-16"	6-12"	½ oz - 100 ft	40-70 days
Mustard	Mar-May, Sept	12-18"	6-12"	½ oz - 300 ft	40-70 days
Onion, seed	April-May	12-18"	2-4"	½ oz - 100 ft	90-120 days
Onion, sets	Oct-May	12-18"	2-4"	1 lb - 50 ft	50-150 days
Parsley	Mar-May, Sept	18-24"	12-16"	½ oz - 125 ft	85-90 days
Peas	Feb-June, Oct	18-36"	2-3"	6 oz - 50 ft	60-150 days
Pepper*	May-June	18-24"	14-16"	½ oz - 750 plnts	75-95 days
Potatoes	Mar-June	24-36"	14-18"	1 lb - 15 ft	90-150 days
Pumpkin	May-July	4-12 ft	4-8 ft	½ oz - 15 hills	90-120 days
Radish	Mar-Sept	12-18"	2"	½ oz - 50 ft	30-75 days
Rutabaga	May-June	18-24"	6-8"	½ oz - 200 ft	90-120 days
Salsify	Mar-May	18-24"	2-4"	½ oz - 60 ft	120-150 days
Squash, summer	May-July	5 - 8 ft	5-8 ft	½ oz - 15 hills	60-90 days
Squash, winter	May-July	10-12 ft	8-12 ft	½ oz - 7 hills	90-125 days
Swiss chard	Mar-July	12-18"	4-8"	½ oz -75 ft	45-60 days
Tomato*	May-June	3-4 ft	1-3 ft	½ oz -1000 ft	70-120 days
Turnip	Mar-Aug	12-15"	3-4"	½ oz - 200 ft	45-90 days

\* indicates must be started indoors & transplanted out at indicated time